

September 2019

9/17 Sunday Closed	Monday 10-4pm	Tuesday 10-4pm	Wednesday 10-7pm	Thursday 10-4pm	Friday 10-4pm	Saturday TBD
1	2 <i>Labor Day</i> 	3 Labor Day Grill Out  <small>ggs1787029 GoGraph ©</small>	4 12:30 Writing Group 1:30 Art Group 4:00 Cooking Baked Mac & Cheese 	5 11:30 Walking Group 12:30 Self Care Garage Sales 	6 11:00 Garden to Table 11:30 Diversity 12:30 Conflict Resolution 1:30 Self Esteem Building 	7 Mississippi River Walk 
8	9 10:00 Groceries 10:30 All Member Meeting 11:30 Literature 12:00 Library 1:30 Healthy Minds Group  MEETING	10 12:00 Garden to Table 1:00 Women's Group 2:30 Men's Group Movies (\$2) 	11 12:30 Relationship Group 1:30 Art Group Twins Game 	12 11:30 Walking Group 12:30 Healthy Living Fishing 	13 11:00 Garden to Table 11:30 Diversity 12:30 Conflict Resolution 1:30 Meditation 	14 Apple Orchard (\$2) LET'S GO APPLE PICKING! 
15	16 11:30 Literature 12:00 Library 1:30 Healthy Minds Group 	17 12:00 Garden to Table 1:00 Women's Group 2:30 Men's Group Arboretum 	18 12:30 Writing Group 1:30 Art Group 4:00 Cooking Beef Stew 	19 11:30 Walking Group 12:30 Self Care Friendship Club 	20 11:00 Garden to Table 11:30 Diversity 12:30 Conflict Resolution 1:30 Self Esteem Building 	21 Fishing 
22	23 10:00 Groceries 11:30 Literature 12:00 Library 1:00 LAC Meeting 	24 12:00 Garden to Table 1:00 Women's Group 2:30 Men's Group Bowling (\$2)  <small>© Can Stock Photo</small>	25 12:30 Relationship Group 1:30 Art Group 4:00 Cooking Clients Choice 	26 11:30 Walking Group 12:30 Healthy Living Fall Color Drive  <small>Acclaim Images.com</small>	27 11:00 Garden to Table 11:30 Diversity 12:30 Conflict Resolution 1:30 Meditation Use your Points and Birthday Celebration	28 NAMI Walk  <small>National Alliance on Mental Illness</small>
29	30 11:30 Literature 12:00 Library 1:30 Healthy Minds Group  HEALTHY MIND HEALTHY LIFE					

