

















March

2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Drop in OPEN 10-4 	
	4 11:00 Groceries  1:45 Healthy Minds Group	5 12:00 Arts and Crafts 1:45 Humor Group	6 11:30 Healing Foods and Nutrition 	7 1:45 Climate Change Group	8 1:45 Music group 	
	11 12:00 Library 1:45 Healthy Minds Group 	12 12:00 Arts and Crafts 1:45 Men's and Women's Group	13 11:30 Healing Foods and Nutrition 	14 11:00 St Patrick's Day Party! & Pi Day!  1:45 Exercise Group 	15 1:00 Movie and Popcorn 	
	18 11:00 Groceries  1:45 Healthy Minds Group	19 12:00 Arts and Crafts 1:45 Humor Group	20 11:30 Healing Foods and Nutrition 	21 11:30 Lunch with Friends  1:45 Climate Change Group	22 1:45 Music group 	
	25 12:00 Library 1:45 Healthy Minds Group 	26 12:00 Arts and Crafts 1:45 Men's and Women's Group	27 11:30 Healing Foods and Nutrition 	28 11:30 Use your points day and Birthday Celebration 1:45 Exercise Group	29  1:00 Mindfulness and Meditation	