

*Please retain this copy for your records.*



## Crisis Phone Numbers

Should you have an emergency, go to your hospital emergency room or **call 911**. Should you need to talk to someone right away, the following crisis lines are available 24 hours, seven days a week.

- Dakota County Crisis Response Unit **952-891-7171**
- Washington County Crisis Line **651-275-7400**
- Ramsey County Crisis Line **651-266-7900**
- Hennepin County Crisis Line - Children 17 and under **612-348-2233**
- Hennepin County Crisis Line - Adults 18+ **612-596-1223**
- Anoka County Crisis Intervention **763-755-3801**
- Carver County Crisis Intervention **952-442-7601**
- Scott County Crisis Intervention **952-818-3702**
- First Call for Help (Not an emergency service but information & referrals) **211**
- Casa de Esperanza Domestic Violence/Shelter **651-772-1611**
- Crisis Text Line **Text MN to 741741**
- Dial from your cell phone to be connected to the closest crisis response service **Dial \*\*CRISIS**
- National Suicide Prevention **1-800-273-8255**
- National Youth Crisis Hotline **1-800-442-4673**
- OutFront Minnesota for Domestic Violence/LGBTQ+ **612-822-0127 option 3**
- Women's Advocates Domestic Violence Shelter Hotline **651-227-8284**
- The Trevor Project for LGBTQ **1-866-488-7386** or **Text START to 678678**
- Veterans Crisis Text Line for Veterans and Families **Text 838255**