

Minnesota Mental Health Clinics

# Horizons Community Support Program

## October 2025 Newsletter

### HALLOWEEN COSTUME CONTEST!

We will be having our annual Halloween Costume Contest and party on  
**Wednesday October 29th!**

Come and enjoy some holiday treats (no tricks) and friendship.

Please remember that costumes worn may not contain weapon or violent imagery of any kind, and no masks please!

### Staff Thoughts



Hello! Happy spooky season! Weve got some fun things planned for Halloween! Please note that Friendship club has moved to the third Tuesday of the month to allow for more time for staff and members to enjoy eating together! — April

Dear Horizons Family, My favorite book of all time is Anne of Green Gables by L. M. Montgomery. The main character, "Anne," says, "I'm so glad I live in a world where there are Octobers." She always appreciates nature's beauty. I hope you all take the time to admire the changing leaves! Always here for you! — Betsy

HAPPY HALLOWEEN!!! Tis the season to be spooky. I have high expectations for the costume contest at this year's Halloween party, so everyone should deliver! Did you know that in the early days, people used to carve turnips instead of pumpkins to ward off spirits? — Hannah

Well, October brings fall weather and leaves changing colors. I'm excited to have some videos to show you celebrating the changes of the season. Maybe a few pictures to commemorate the month. Thanks — Gary



To participate in routes you must sign up by NOON the business day before. We are not able to accommodate requests after this time. Ensure you are keeping the board updated and communicating with staff!

If you feel ill please stay home for the safety of our members and staff!

### Drop-In Staff

#### Drop In Team Lead

Anastacia Luckman 651-395-5763

#### Drop In Day Staff

Gary Johnson 651-365-8234

April Jopek 651-365-8204

Hannah Geere 612-286-7691

Betsy Vial 651-365-8225

#### Drop In Driver

Sameen 651-262-1439

David 651-262-1487



Please note: Friendship club is moving to the **3rd Tuesday** of each month to help accommodate schedules.



### Drop-In Hours

Monday	10-4
Tuesday	10-4
Wednesday	10-4
Thursday	10-4
Friday	CLOSED*
Saturday	Closed
Sunday	Closed

Did you know: The Scottish and Irish used to carve turnips rather than pumpkins to keep evil spirits away during Halloween?

